



## ICE HOCKEY TRAINING PLAN FROM 02/02/2026 TO 08/02/2026

|  | U8                                   | U10   | U12  | U14   | U16                                  | U19                      | ALPS  | BEGINNERS     | GOALIES GROUP 1     | GOALIES GROUP 2 |
|--|--------------------------------------|---|--|---|--------------------------------------|--------------------------|---|---------------|---------------------|-----------------|
| <b>MONDAY</b><br>02/02/26  | OUTDOOR<br>17:00 - 18:00             | OUTDOOR<br>18:10 - 19:10  | 17:30 - 18:30  |   | OUTDOOR<br>19:20 - 20:20             | 18:40 - 19:40            | 19:50 - 21:00   |               |                     |                 |
| <b>TUESDAY</b><br>03/02/26   | OUTDOOR<br>17:00 - 18:00             | 18:40 - 19:40   | OUTDOOR<br>18:10 - 19:10   | OUTDOOR<br>19:20 - 20:20                              |                                      |                          | 19:50 - 21:00   | 17:30 - 18:30 | 17:30 - 18:30       |                 |
| <b>WEDNESDAY</b><br>04/02/26   |                                      |   | OUTDOOR<br>17:00 - 18:00   | <b>18:30</b><br><b>Fassa/Fiemme</b><br><b>vs HCMJ</b> | 18:40 - 19:40                        | OUTDOOR<br>18:10 - 19:10 | 19:50 - 21:00   |               |                     | 17:30 - 18:30   |
| <b>THURSDAY</b><br>05/02/26  | OUTDOOR<br>17:00 - 18:00             | OUTDOOR<br>18:10 - 19:10  |  | 17:30 - 18:30   | 18:40 - 19:40                        | 19:50 - 21:00            | <b>19:30</b><br><b>Adler Kitzbühel</b><br><b>vs HCM</b> |               |                     |                 |
| <b>FRIDAY</b><br>06/02/26  |                                      |   | 17:30 - 18:30  | OUTDOOR<br>17:00 - 18:00                              | OUTDOOR<br>18:10 - 19:10             | 18:40 - 19:40            | 19:50 - 21:00   |               |                     |                 |
| <b>SATURDAY</b><br>07/02/26  |                                      | OUTDOOR<br>17:30 - 18:30<br>free ice                                    | 10:00 - U12 B<br><i>Sterzing</i><br><i>tournament vs</i><br><i>3 teams</i> | 17:00 - 18:00   | OUTDOOR<br>11:00 - 12:00<br>free ice |                          | 19:30<br><i>HCM vs</i><br><i>SG Cortina</i>             |               |                     |                 |
|  |                                      |   | 11:00 - U12 W<br><i>Latsch</i><br><i>tournament vs</i><br><i>3 teams</i>   |   |                                      |                          |   |               |                     |                 |
| <b>SUNDAY</b><br>08/02/26  | OUTDOOR<br>17:30 - 18:30<br>free ice | 11:00 - U10 W<br><i>Eppan</i><br><i>tournament vs</i><br><i>3 teams</i> |  | 17:00<br><i>HCMJ vs</i><br><i>Juniorteams</i>         |                                      |                          |   |               |                     |                 |
|  |                                      | 11:45 - U10 B<br><i>HCMJ</i><br><i>tournament vs</i><br><i>3 teams</i>  |  |   |                                      |                          |   |               |                     |                 |
| <b>INFO:</b> Highlighted in blue are changes - black lettering at home; red lettering outside home |                                      |   |  |   |                                      |                          | <b>HOME MATCHES</b>                                     |               | <b>AWAY MATCHES</b> |                 |