



ICE HOCKEY TRAINING PLAN FROM 18/11/2024 TO 24/11/2024

	18-nov-24	19-nov-24	20-nov-24	21-nov-24	22-nov-24	23-nov-24	24-nov-24
17:30 18:20	U8 GOALIE GROUP 1	U8 SKATING COURSE	U12	U8 - U10	U12	U12 white-12:15 HCMJ tournament vs 3 teams	U10 - 11:00 Lana tournament vs 3 teams
18:20 19:10	U10 GOALIE GROUP 2	U10	U14	18:30 - 19:20 U19	U14	U12 black-16:00 Eppan tournament vs 3 teams	12:15 - 14:00 U8 friendly game
19:20 20:10	U12	U14	U16	//	ALPS	U16 - 17:15 HCMJ vs Storm Pinerolo	U14 - 17:00 HCMJ vs Foxes Academy
20:20 21:30	ALPS	ALPS	ALPS	//	U16	ALPS - 18:00 Rittner Buam vs HCM	U19 - 19:30 HC MEBO vs Kaltern/Ritten
21:40 22:40		U19				19:15 - 20:15 U19	
EXTRA	06:00 - 07:00 U16 morning practice			ALPS - 20:30 HCM vs Red Bull Hockey Junior			
EXTRA							
EXTRA							
						HOME MATCHES	AWAY MATCHES